

Leading On Pastoral Care:

A whole-school approach to creating an ethos of wellbeing that leads to better pupil engagement and improved academic achievement.



Touchpoints:

1. Learn to recognise signs of anxiety and the impact of trauma on pupils post-pandemic that may have safeguarding implications
2. Understand how the pandemic has affected pupils as they return to school and how we can help them readjust, recover and move forward
3. Review the science behind understanding and effective communication
4. Examine the latest research and statistics into mental health and wellbeing and how this applies to your school context
5. Understand the cognitive and neurological effects of poor mental health and wellbeing on academic and emotional progress
6. Develop effective school interventions such as mentoring, tutoring and catchup programmes that will significantly benefit pupil outcomes
7. Identify the greatest areas of need and what can be done to address these to make schools safer places for children
8. Work with parents to develop whole school practical strategies that support and promote mental health and wellbeing for all pupils and the wider community
9. Better appreciate the importance of PSHE education, particularly in terms of the relationships and health education curriculum
10. Enhance your skills further to better train colleagues in your school or trust
11. Access in-depth learning materials, resources and presentations

Delivery Options:

- Online
- Face-to-face
- Blended

Duration:

2 days minimum (which can delivered over two or three parts)

Optional post-training support

Suitable for:

- Senior school pastoral and inclusion leaders
- Heads of Year
- Teaching assistants
- Mental health and wellbeing leaders

Cost:

Since our bespoke programmes are tailored to each school's needs they vary in price. If you are interested in our Leading On Pastoral Care training package, then [please get in touch with our Director of Educational Services, Costa Constantinou.](#)

To find out more about how our personalised CPD programmes or packages can help you take professional development to another level, please call us on **+44 (0)20 3637 4232** or email cpd@veema.co.uk.

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in education your best one