

Why is mental wellbeing so important to our pupil's learning?



Sam Garner

Inclusion and Mental Health Consultant, Keynote Speaker & Author

Delivered at Two Different Time Slots to Fit You

Choose From:

Dates:

Part 1: Mon, 18 Oct 2021

Part 2: Tue, 19 Oct 2021

Time:

8:30 - 10:00 am (GMT) or 1:30 - 3:00 pm (GMT)

Duration: 3-hours

Price:

Standard (Up to 5 members of Staff): £245.00

Premium (Up to 10 members of Staff): £425.00

Course Description:

Part 1: What does neuroscience tell us?

Part 2: Ensuring your school environment is conducive to positive mental health and learning.

The discoveries made by neuroscience have provided us with great insight as to the link between student mental wellbeing and learning. This training will look at the research and provide insights to help educators develop their educational setting to improve the mental wellbeing and learning of its students. It will look at why differentiation is important for all students and why it shouldn't impose additional heavy burdens on teachers. As well as providing knowledge for strategic decisions, this training will also provide practical tools that can be used immediately to improve learning.

Learning Objectives:

- Understand the principles of neuroplasticity
- Develop a greater understanding as to how mental health affects learning
- Understand why differentiation is important for the learning of all students
- Discover how the brain learns and how we can apply that knowledge
- Know how to create a positive and productive learning environment
- Reflect on how to produce effective teaching using educational neuroscience knowledge

Reasons to choose Veema:

- ✓ We work extensively with UK and International Schools and so have a global understanding of the issues facing educators and school staff
- ✓ Our highly-rated training courses have been created by experts and are delivered by experienced professional development trainers
- ✓ All our trainers are former teachers and school leaders who know how to look at the world from your perspective
- ✓ Our courses are certified, which means you can be sure of their quality
- ✓ We offer extensive and in-depth post-course online support to help you get the most from each training session
- ✓ We offer a wealth of literature and material for use in your school

Audience:

- All teaching Staff, TAs, Mental Health and Pastoral Leaders

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EXCELLENCE IN EDUCATION

Sam's Biography:

As well as being a qualified mental health practitioner, Sam has worked in educational settings, Primary to Post 16, as a SENCo and Mental Health Specialist. This means she understands the real challenges faced in education on a daily basis – feedback often includes how Sam truly understands life 'at the coal face'. She is passionate that SEN and Mental Health support does not have to be complicated or onerous, and that we can make a big difference in the lives of our young people. As a speaker Sam is lauded for her ability to entertain with her humorous perspectives on her experiences in education nationally and internationally. She has written a mental health programme that is being used in schools nationally and internationally, regularly writes for education magazines and has a book coming out soon.

Sam has also recently published her first book 'Mental Health In Education: Building Good Foundations.'

Book Now!



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